## Nursery meals to be served at the following times:

Breakfast 8.30am, Morning Snack 10am, Lunch 12noon (11.45am for Babies), Afternoon Snack 2pm and Tea 4pm

## **Summer Menu**

## **Nursery Menu Week One**

Nuisery Wend Week		Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> Drinks: Water only	Cereal or Toast with fruit	Cereal or Toast with fruit	Cereal or Toast with fruit	Cereal or Toast with fruit	Cereal or Toast with fruit
Morning Snack	Toasted crumpet and spread with strawberries	Breadsticks and mixed vegetables sticks	Yogurt and sliced grapes (quatered)	Bagel with cream cheese and cucumber sticks	Banana slices on french toast
	Milk or water	Milk or water	Milk or water	Milk or water	Milk or water
<b>Lunch</b> Drinks: Water only	Chicken and vegetable pie (or cheese and vegetable pie) with roast potatoes and spring greens	Fishcakes (or cheese and mushroom cakes) with homemade potato wedges, carrots and peas	Jacket potato with Chilli (or Quorn chilli)	Bean and veggie sausage wholemeal pasta bake with broccoli	BBQ chicken (or BBQ Quorn pieces) with new potatoes and corn on the cob
	Banana bun	Frozen strawberry yogurt or strawberry sorbet	Lemon and sultana cake	Seasonal fruit salad	Summer crumble and custard
Afternoon Snack	Vegetable sticks and dip	Fruity flapjack	Crackers and cheese	Rice cakes and houmous	Mixed fruit platter
	Milk or water	Milk or water	Milk or water	Milk or water	Milk or water

<b>High Tea</b> Drinks: Water only	Filled pitta pockets with egg mayo and salad	Homemade mini pizzas with various toppings	Tuna pasta salad (or cheese and tomato pasta) with tomatoes and cucumber	Crustless quiche and vegetable sticks	Lemon chicken wrap (or Lemon soya) wrap with lettuce and cucumber			
	Seasonal fruit salad		Apple slices and raisins	Yogurt	Blueberry sponge cake			
Fresh drinking water will be available and accessible at all times.								

Please speak to the Nursery Manager should your child have any dietary needs or allergies, so we can ensure that your child is catered for recording to their needs.